

# Prerequisites: Independent Living

Students interested in attending Erskine Green Training Institute are expected to have many of the skills listed below. Students should receive specific instruction and training on these skills before attending. Strategies and supports should be in place to address any of the skills that remain to be a challenge.

**ERSKINE  
GREEN**  
Training Institute

  
**The Arc**  
Indiana Foundation

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Muncie, IN 47305

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[www.erskingreeninstitute.org](http://www.erskingreeninstitute.org)

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## Communication

- Student is able to communicate via cell phone (text or call).
- Student knows the appropriate person to contact when help is needed (i.e. lost, hurt, etc.)

## Medications

- Student is able to manage medications.
- Student is able to take proper action when medications are running low.

## Money Management

- Student is able to make purchases with cash or card.
- Student is able to utilize an ATM to withdraw cash.

## Public Restrooms

- Student is able to identify a variety of male and female bathroom signs.
- Student locks bathroom stall door.
- Student follows appropriate toileting etiquette (i.e. washes hands, lifts/lowers seat, etc.).

## Activities of Daily Living

- Student is able to complete daily hygiene routine: shower, brush teeth, comb hair, apply deodorant, shave, etc.
- Student is able to pick out clothing and dress.
- Student is able to do their laundry.

## Time Management

- Student is able to set an alarm clock to wake up.
- Student is able to arrive places on time.

## Personal Safety

- Student interacts with strangers appropriately.
- Student does not allow strangers into personal living space.

## Pedestrian

- Student understands directions that use the terms *left* and *right*.
- Student understands pedestrian cues/signals.
- Student is able to cross the street safely.

## Dining Etiquette

- Student is able to communicate information to a host (i.e. number of guests).
- Student is able to identify the back of a line in a variety of settings and wait.
- Student is able to use a menu to communicate order to the server/cashier.
- Student is able to advocate if the meal is incorrect.
- Student is aware of personal allergies/diet requirements and stays away from certain foods, if applicable.
- Student is able to sit until server has provided the receipt.